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Profile

Dr Vradelis Stergios is Assistant Professor of Medicine at the Democritus University of Thrace. He is a Consultant Gastroenterologist with clinical and research focus on the management of inflammatory bowel disease (IBD) patients. He worked at a reputable teaching university hospital (The John Radcliffe Hospital, Oxford), under the supervision of Dr Simon Travis. The John Radcliffe Hospital is a tertiary referral centre and treats a wide spectrum of gastrointestinal diseases, however, his working in such close proximity to Dr S.Travis has offered him the opportunity to receive further specialization in IBD from an expert in the field. He is working on the discovery of biomarkers for disease behaviour and response to therapy.

Research/Work experience

2015-20 **Assistant Professor of Internal Medicine**, Democritus University Hospital of Alexandroupolis , GR
 2012-15 **Lecturer of Medicine**, Democritus University Hospital of Alexandroupolis , GR
 2012-12 **Consultant Gastroenterologist**, The John Radcliffe Hospital, Oxford, UK
 2011-12 **Senior Clinical Fellow in Gastroenterology**, The John Radcliffe Hospital, Oxford, UK
 2008-11 **Consultant Gastroenterologist**, Democritus University Hospital of Alexandroupolis , GR
 2007-08 **Senior Clinical Fellow in Gastroenterology**, The John Radcliffe Hospital, Oxford, UK
 2006-07 **Staff Grade in Gastroenterology/Endoscopy**, William Harvey Hospital, Kent, UK

Education and training

1996 **Degree of Medicine (MD)**, Aristotle University of Thessaloniki, Medical Department, Thessaloniki, Greece
 2004 **Doctorate of Medicine (PhD)**, Democritus University Hospital of Alexandroupolis, Greece
 2006 **Honorary Fellow in Endoscopy**, Universita Cattolica di Sacro Cuore, Rome, Italy

Key publications [total: 18, Citations: 130, Scopus, 27-5-2020]

- Elevated Levels of Alveolar Nitric Oxide May Indicate Presence of Small Airway Inflammation in Patients with Inflammatory Bowel Disease
 Protopapas A, **Vradelis S**, Karampitsakos T, Steiropoulos P, Chatzimichael A, Paraskakis E.
 Lung. 2019 Oct;197(5):663-670. doi: 10.1007/s00408-019-00253-0. Epub 2019 Jul 17 Impact Factor 2.231
- Cytokine Receptor Profiling in Human Colonic Subepithelial Myofibroblasts: A Differential Effect of Th Polarization–Associated Cytokines in Intestinal Fibrosis
 Filidou E, Valatas V, Drygiannakis I, Arvanitidis K, **Vradelis S**, Kouklakis G, Kolios G, Bamias G.
 Inflamm Bowel Dis. 2018 Sep 15;24(10):2224-2241.
- Chromogranin A as a biomarker of disease activity and biologic therapy in inflammatory bowel disease: a prospective observational study.
 Zissimopoulos A, **Vradelis S**, Konialis M, Chadolias D, Bampali A, Constantinidis T, Efremidou E, Kouklakis G.
 Scand J Gastroenterol. 2014 Aug;49(8):942-9.
- Tissue factor-thrombin signaling enhances the fibrotic activity of myofibroblasts in systemic sclerosis through up-regulation of endothelin receptor A.
 Chrysanthopoulou A, Mitroulis I, Kambas K, Skendros P, Kourtzelis I, **Vradelis S**, Kolios G, Aslanidis S, Doumas M, Ritis K.
 Arthritis Rheum. 2011 Nov;63(11):3586-97.
- Endothelin-1 signaling promotes fibrosis in vitro in a bronchopulmonary dysplasia model by activating the extrinsic coagulation cascade.
 Kambas K, Chrysanthopoulou A, Kourtzelis I, Skordala M, Mitroulis I, Rafail S, **Vradelis S**, Sigalas I, Wu YQ, Speletas M, Kolios G, Ritis K.
 J Immunol. 2011 Jun 1;186(11):6568-75. Impact factor: 4.856