

Paschalis Steiropoulos

Associate Professor in Pulmonology
Head of the Department of Pulmonology
Medical School, Democritus University of Thrace, Greece

📍 Department of Pulmonology, Medical School and University General Hospital of Alexandroupolis
Dragana 68100, Alexandroupolis, Greece

☎ +30 2551030377 📠 +30 6945102894

✉ pstirop@med.duth.gr, steiropoulos@yahoo.com

🔗 [Researchgate profile: https://www.researchgate.net/profile/Paschalis_Steiropoulos](https://www.researchgate.net/profile/Paschalis_Steiropoulos)

Sex Male | Date of birth 16 Dec 1969 | Nationality Greek

RESEARCH INTERESTS

1. Respiratory Diseases; 2. Sleep Medicine/Sleep Disorders; 3. COPD; 4. Bronchial Asthma; 5. Interstitial Lung Diseases

EDUCATION - TRAINING

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| 1996 | Medical Degree, Democritus University of Thrace (DUTH) Medical School, Alexandroupolis, Greece |
| 2005 | Medical specialty certification in Pulmonology (Ministry of Health, Regional Department of Thessaloniki, Greece) |
| 2007 | PhD Dissertation: 'Effect of nCPAP therapy on cardiovascular risk factors in Obstructive Sleep Apnea Patients'
Supervisor: Prof. D. Bouros |
| 2007-2008 | Clinical Fellow, Respiratory Division, University Hospital of Brussels, Vrije Universiteit Brussel, Belgium |
| 2018-2019 | Sabbatical Leave - Training in Sleep Medicine. Sleep Clinic, Sleep Disorder Center, Vita-Salute San Raffaele University, Milan, Italy - under the supervision of Professor Luigi Ferini-Strambi |

CLINICAL EXPERIENCE

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| March 2020-today | Head of the Department of Pulmonology, Medical School Democritus University of Thrace, Greece |
| 2019-today | Associate Professor (Academic + Clinical) Department of Pulmonology, University General Hospital of Alexandroupolis, Alexandroupolis, Greece |
| 2014-2019 | Assistant Professor (Academic + Clinical) Department of Pulmonology, University General Hospital of Alexandroupolis, Alexandroupolis, Greece |
| 2011-2014 | Senior Lecturer (Academic + Clinical) Department of Pulmonology, University General Hospital of Alexandroupolis, Alexandroupolis, Greece |
| 2005-2007 and
2008-2011 | Consultant, Department of Pulmonology, University General Hospital of Alexandroupolis, Alexandroupolis, Greece |

SCIENTIFIC ACADEMIC WORK

- PubMed Indexed Publications: 130
- Scopus Indexed Publications: 138
- Citations: 1824
- h-index: 23
- Author in chapters of Medical Books in Greek and English language: 12
- Invited lectures: >140

- Recipient of 5 research scholarships and 25 grants for various projects on respiratory medicine

ADMINISTRATIVE DUTIES

- Member of the European Respiratory Society Sleep working group Education Council (2019-2021)
- Member of the European Respiratory Society Guidelines Working Group (2014-2017)
- Member in the Management Committee of EU COST Action CA18218 - European Burden of Disease Network
- Member in the Management Committee of EU COST Action B26 on Sleep Apnea syndrome
- Member in the Management Committee of EU COST Action B29 on Chronic Obstructive Pulmonary Disease
- Substitute Member in the Management Committee of EU COST Action CA16125 on European network for translational research in children's and adult interstitial lung disease
- Member of the Sleep Apnea Network/European Sleep Apnea Database – ESADA
- Member of the Executive Committee for Sleep Laboratories and Sleep Units, Hellenic Ministry of Health (2015-2016)
- Treasurer of the Society for Respiratory Research of Eastern Macedonia and Thrace, Greece (2012-2014)
- Member of the Executive Committee of the Hellenic Society of Sleep Disorders (2012-today)
- Moderator of the Sleep Disorders group of the Hellenic Thoracic Society (2014-today)
- Course Director in Pulmonary Board Review refreshing courses, organized by the Hellenic Thoracic Society (2009-2011)
- Partner in Take-A-Breath project in Operational Program Competitiveness, Entrepreneurship and Innovation, under the call RESEARCH – CREATE – INNOVATE
- Membership in scientific societies: 24
- President of the Organizing Committee in 1 international scientific congress, 1 national scientific congress and member of the Organizing Committee in 12 national and international scientific congresses

EDITOR/REVIEWER IN PEER-REVIEWED SCIENTIFIC JOURNALS

- Section Editor for Pulmonary Medicine (2015-today) of **Hippokratia** journal (PubMed indexed, IF 0.589).
- Member of the Editorial Board of the following international peer-reviewed journals "**World Journal of Methodology**" (PubMed indexed), "**MOJ Clinical & Medical Case Reports**", "**American Journal of Clinical Medicine Research**", "**Austin Journal of Sleep Disorders**", "**Austin Journal of Pulmonary and Respiratory Medicine**", "**Journal of Respiratory Research**", "**Pulmonary and Respiratory Medicine International Journal**", "**Pneumon**" and "**Hygeia@Ergasia**" journal.
- Guest Editor in the book "Frequently Asked Questions on Breathing Disorders during Sleep" (Hellenic Society of Sleep Disorders, Athens 2009).
- Reviewer in numerous scientific journals, namely **European Respiratory Journal**, **PLOS One**, **Sleep**, **Sleep Medicine**, **Journal of Clinical Sleep Medicine**, **Journal of Sleep Research**, **Respiration**, **ERJ Open Research**, **Cytokine**, **BMJ Open**, **Angiology**, **Journal of Diabetes Research**, **Annals of Saudi Medicine**, **European Medical Journal**, **Metabolic Syndrome and Related Disorders**, **Expert Review of Respiratory Medicine**, **BMC Research Notes**, **Yonsei Medical Journal**, **International Journal of Chronic Obstructive Pulmonary Disease**, **Nature and Science of Sleep**, **Vascular Health and Risk Management**, **Journal of Asthma and Allergy**, **npg Primary Care Respiratory Medicine**, **Journal of Medical Case Reports**, **Wiener Klinische Wochenschrift**, **Sleep Medicine Reviews**, **BioMed Research International**, **Sleep Disorders**, **Hippokratia**, **Pneumon**, etc.

MENTORSHIP

- Supervisor in 6 PhD theses (1 completed) and 26 MSc theses (23 completed)
- Member of the advisory committee in 5 PhD theses
- Member of the examination board in 5 PhD theses (all completed) and 36 MSc theses (20 completed)